

2023

Women's Leadership Conference

Presented by:



CATAWBA VALLEY HEALTH SYSTEM

Tuesday, November 14, 2023
8:00 am - 4:00 pm
Hickory Metro Convention Center

2023 ITINERARY

Time	Itinerary
8:00-9:00 AM	Registration, Coffee & Breakfast Bites Exhibit Hall & Shop Local Marketplace Opens Information Table Opens
9:00 AM	Welcome
9:30-10:20 AM	Jo Miller - Reimagine Your Leadership Brand
10:25-10:55 AM	Break Book Signing by Jo Miller Meet & Greet Breakout Session Speakers Visit the Exhibit Hall and Shop Local Marketplace Door Prize Showcase
11:00-11:50 AM	Morning Breakout Sessions Storytelling for Business with Murphy Funkhouser Ready Enough: Activating Our Confidence with Only 50% of the Answers with Lauren Beane Performing Under Pressure - The Emotional Intelligence Advantage with Mic Alexander How to Know Yourself to Lead Yourself in a Chaotic World with Melissa Spangler, SHRM-SCP Leading Change When You Don't Have the Final Say with Christina M. Walker, Ph. D.
11:55 AM	Lunch Book Signing with Dionne Griffin-McGee Meet & Greet Breakout Session Speakers Visit the Exhibit Hall and Shop Local Marketplace Door Prize Showcase
1:25-2:15 PM	Afternoon Breakout Sessions Get Your Shift Together: 3 Ways to Shift from Doing to Leading with Jo Miller Holiday Thrive Guide - How to Thrive, Not Just Survive, the Holiday Season with Myra McDonough, BS-ACSM, EP and Patti Moore, MS, RD, LDN, CDE The Funny Thing About Perseverance with Lauren Ansley Creating and Shaping Workplace Culture...The New Reality with Christine Kennedy
2:20-2:50 PM	Break Visit the Exhibit Hall and Shop Local Marketplace Meet & Greet Breakout Session Speakers Door Prize Showcase
3:00-3:50 PM	Dionne Griffin-McGee - The R.O.A.R. Mindset for Women
3:50-4:00 PM	Closing Remarks & Recognition